Hospitality

Then Jesus said to his host, ‘When you give a luncheon or dinner, do not invite your friends, your brothers or relatives, or your rich neighbors; if you do, they may invite you back and so you will be repaid. But when you give a banquet, invite the poor, the crippled, the lame, the blind, and you will be blessed. Although they cannot repay you, you will be repaid at the resurrection of the righteous.’

(Luke 14:12-14)

Most people like to think of their homes as a welcoming place. Most people like to think of themselves as good hosts. When you invite friends or family around you like to think that they will feel very much at home. The closer the family and friends the more comfortable they are likely to feel in your home and the more comfortable you are going to feel having them there.

But true hospitality is actually the kindness you demonstrate toward the stranger. This kind of hospitality takes you outside your comfort zone and involves an element of risk. It is not easy to invite a stranger into your home or to open up your heart to a stranger. But this is the kind of hospitality God would have us display.

The reason God would have us display this kind of hospitality toward the stranger is because this is his way of embracing all the people of our world. God sent his Son Jesus to be a stranger in our world. He was welcomed by some and rejected by others. But Jesus himself opened his arms wide and threw open God’s heavenly kingdom to all and sundry. He befriended the poor, crippled, lame, blind and lost and extended to them his hospitality.

So think about who you can extend hospitality to this week. It might not involve much more than giving someone you meet some of your precious time, a smile and a listening ear. These people might be strange to you – but to God they are his precious children and he wants to love them as much as he loves you.

Pastor Stephen Schultz
I love neuroscience. It is the science of the brain and nervous system. Neuroscience provides evidence of what is happening in our bodies and brains when we feel certain emotions. The movie 'Inside Out', played out this interaction between emotions and brain in a very perceptive way. If you haven’t seen it yet, it is well worth watching.

One finding through neuroscience relates to the changes that occur in the brain when we feel gratitude. Gratitude boosts the neurotransmitters dopamine and serotonin. Many anti-depressants are used for the same purpose – they boost dopamine and serotonin which are two of the chemicals found present in your brain when you are happy. Another interesting point is that these two chemicals in the brain don’t actually require you to be grateful to boost their activity in the brain. They are activated when you search for things you are grateful for! Research also suggests that gratitude doesn’t just make your brain happy – it can also create a positive feedback loop in your relationships. Gratitude can be the stimulus to you giving positive feedback to the people you care about and they in turn, will be encouraged to provide you with positive feedback.

Ways that you can foster gratitude in children are:
- Express gratitude through words, writing, and small gifts or acts of reciprocity to teach your children gratitude
- Tell your children about the things in them you are grateful for. Keep this going to initiate a positive feedback loop
- Talk through children’s highs and lows of the day while eating dinner
- Write a gratitude journal before sleep – nominating 3 things in the day you are grateful for
- Use your child’s strengths to fuel gratitude and reinforce what you appreciate about them
- Encourage helping others and nurturing relationships
- Help children find what matters to them and respect their choices

To read more about neuroscience view this article from Time magazine time.com/4042834/neuroscience-happy-rituals.

I am grateful for scientists who help us to understand the awesomeness of God’s creation of us!
NAPLAN 2016

We have recently received results of the 2016 NAPLAN testing for Year 3 and 5 students. These results have been very positive with both cohorts, in all tests, achieving above the national average. Some of the outstanding results recorded this year include:

**Year 3 students**
- 52.2% achieved or exceeded the top band in Punctuation and Grammar
- 44.4% achieved or exceeded the top band in Reading
- 40 point improvement in Mathematics compared to the previous 2 years
We are well above the national average in Writing, Grammar & Punctuation and Numeracy

**Year 5 students**
- 23.1% achieved or exceeded the top band in Reading
- 121.3 point gain from Year 3 to Year 5 in Numeracy (average growth is 78 points)
- 103.9 point gain from Year 3 to Year 5 in Spelling (average growth is 78 points)

Many students made over 200 point gains in some areas from Year 3 to Year 5

While NAPLAN is a snapshot of our programs, of particular excitement are the gain results from Year 3 to Year 5 which indicate that the teaching programs put into place during Year 3 and Year 4 have been effective in raising achievement. This data will continue to form part of the data set we use to drive school improvement.

The individual students result for 2016 NAPLAN will be sent home to families shortly.
2K Mrs Rene Kruger

Last week we went to the Bike Safety Centre run by the SA Police. We learnt how to ride safely on the road, how to obey the road rules and the signs. We found out that we need more practise learning about being safe on the roads when bike riding.

Please Help !!

The Year 4 classes need support to transport their amazing Moon Lanterns to the Moon Lantern festival which is being held on Sunday 18 September.

A small covered truck or two covered vans would be needed to pick up the lanterns on Friday 16 and then deliver to Adelaide on Sunday 18 late afternoon and collected late evening.

If you have a vehicle that could be used for such an occasion please contact Lee-Anne in the office.

Donut Day

St Michael’s Pedal Prix Team deliver the Delightfully Delicious Donut Day!

Tuesday 6 September

Pre order a large or small Chocolate or Cinnamon Donut for recess.

Help the Pedal Prix team get across the line at the upcoming 24hr endurance race on the last weekend in September.

$3.00 for a large donut and $2.50 for a small donut.

All orders and money need to be received by Wednesday 31 August.

Please see the front office for an order form if you haven’t got one.

DON’T MISS OUT
Parents & Friends
WE NEED YOUR HELP!!!!!!
The P & F are still after jars for the “Surprise In A Jar” stall.
Bring your jar/s into school and put them in the box provided in the classroom OR if you do not have any jars donations of goodies to go in them would be appreciated. If you would like some empty jars there are a few you may collect from the office.

Please only pick one item for each of your jars anything will be great. However, Please NO NUTS of ANY KIND and no homemade baked goods.

Thank you for your help and donations

GOING ONCE, GOING TWICE
…..SOLD!!
The P & F are running a “live” auction at the Family Fun Day with our very own MC and Auctioneer Angus Campbell (Ellie and Ava’s Dad).
We are seeking donated items (big or small) that we can auction on the day.
Please email Marty Bryant on Martina.Bryant@drjones.com.au or Donna Rayner on donnaray5@bigpond.com
We would love to hear from you.

Father’s Day Breakfast
Thursday 1 September
School Council will again be hosting a breakfast for all of our school dads. All dads are welcome to join us from 8:00 am for a pancake breakfast followed by Chapel at 9:00 am.

Classrooms will be open for you to visit with your children.

In preparation we are seeking donations of the following items:
Eggs
Lemons
Condiments eg. Jam

Please drop your donations off at the office.

“What should we get dad for Father’s Day” we hear you say!

Never fear the P&F are running their father’s day stall for all the children at recess time under the covered area.

Week 6
Wednesday 31 August
And
Thursday 1 September

Items priced from 50c to $5.00

RESILIENCE
Pathways to a Healthy Mind - Parenting for Resilience

We are excited to present an outstanding speaker, Dr Tom Nehmy, specialist on the resilience, mental health and wellbeing of young people. He is the founder of the award-winning Healthy Minds Program and is running a session for parents to share the specific skills and parenting practices that build resilience in young people while also preventing the onset of such problems as depression, anxiety and eating disorders.

During the presentation he will outline:
• What resilience really means and how it can be cultivated
• What parents can do to build psychological skills and resilience in their children
• The core ‘pathways’ of emotional development that can be influenced by parents in powerful ways.

This valuable session is not to be missed if you would like to support your family to improve their mental health and wellbeing. It’s being held at Cornerstone College in Atelier Theatre on Wednesday, 7 September, 7.00pm.

Please RSVP via www.trybooking.com/MNDO
Enquiries can be directed to Mr Matthew Pearce on 8398 6000.

Father’s Day Stall

SOME Heroes Don’t have CAPES... They are DAD

Week 6
Wednesday 31 August
And
Thursday 1 September

Notícias: o aluno Mais e Menos

Inquirer communicators risk-taker caring principled balanced knowledgeable thinker
St Michael’s
Lutheran Church

Weekend Services
SMS Worship
27 August 6:30 pm
Traditional Worship
28 August 8:30 am
Contemporary Worship
28 August 10:30 am

Hours: Mon to Fri 8.30am to 4.00pm
Phone: (08) 8388 1225
Address: Cnr Balhannah Rd & Church St Hahndorf
Email: church.office@stmichaels.com.au
Website: www.stmichaels.com.au

Growing in Jesus and sharing His love

YOUTH MINISTRY FOR STUDENTS
IN YEARS 4-6
@ St Michael’s Lutheran Church, Hahndorf
Friday, August 26th, 4.00 – 5:30pm

Service – The Path of Greatness
Ignite+

Cost: $5.00, incl. afternoon tea
Contact Carly Rogers for more details
E: carly.rogers@stmichaels.com.au
RSVP: As soon as possible!

thrive
YOUTH MINISTRY FOR STUDENTS
IN YEARS 7-11

Next Event:
Friday, August 26 | 7.00pm – 9.00pm
Theatre Sports.....
Cost: $5.00

See you there! - RSVP above for more details.
Carly Rogers E: carly.rogers@stmichaels.com.au

cafe 3:16

FRIDAY AFTERNOON SPECIAL
Choose 1 Regular Hot Drink and 1 food item
Popcorn $4
Vanilla Slice
2 Teacup Biscuits
Brownie Slice

I’d like a Hot Chocolate and Popcorn Please!

Only

Cafe Open from 2:45pm

Love the LORD your God with all your
HEART
SOUL
STRENGTH
MIND
Luke 10:27

Lutheran Church of Australia
Calisthenics is a fun, healthy way for children of all ages to improve their fitness while making new friends.

Dance, Exercise, March, Clubs and Rods are all designed to improve joint mobility and give muscle flexibility and strength.

Calisthenics teaches children teamwork, self-discipline and promotes good posture and self-image.

Onkaparinga is a small, child focussed, friendly club based in Oakbank.

We welcome children aged 3-10.

Come and try us – first lesson is free!

Call Louise on 0424 440 201

Like us on Facebook or find us on the web: onkaparingacalisthenics.wordpress.com

FUTSAL - Come and Try
Location:  St Michael’s School Gym
When:  Friday 5:15 pm - 6:15 pm

Futsal is a great opportunity to develop ball skills and it helps with soccer. It is hoped that if we get 5 - 10 girls that commit to a term of futsal then we can start a girls only group (currently a mixed session).

Over time it is hoped that we will have mini carnivals and then get a hills team up and running.

For further information contact Gary 0432 608 620

Keep your kids smiling
At the School Dental Service, dental care is FREE for all babies, children not yet at school and most children to age 17.

The School Dental Service is a Child Dental Benefits Schedule provider.

Call us now for an appointment!
Your local clinic is:
Mt Barker School Dental Clinic
Phone: 8391 0858

Foster Care Information Session
Play your part, enrich a life

Wednesday 28 September
6:30 pm - 8:30 pm
Mt Barker Bowling Club
Mann Street
Mount Barker   SA
1300 2 367 837 (1300 2 FOSTER)
www.fostercare.sa.gov.au
ST. MICHAEL’S LUTHERAN WOMEN’S FELLOWSHIP

HOSTED BY

TRADE TABLE

St. Michael Church charity „Hungry No More“ Proceeds to Lutheran Community Care and Lutheran Community Care.

If able please bring a can of soup for

ADMISSION $5.00

FOLLOWED BY DEVONSHIRE AFTERNOON TEA.

WEDNESDAY 31ST, AUGUST
1.00 P.M.
BALTHANNAH ROAD, HAHNDORF
ST. MICHAEL’S LUTHERAN CHURCH

AT

COSTUMES
VICTORIAN & EDWARDIAN
PARADE OF

A STEP BACK IN TIME